

# AISR TRACK AND FIELD SCHOOL RECORDS

## MIDDLE SCHOOL

Event		Name	Year	Time/Dist.
80 m. Hurdles	boys	Jack Finley	2009	13.40
60 m. Hurdles	girls	Marnee Rand	2007	11.68
110 m. Hurdles	boys	Michael Spence	1990	18.66
	girls	Marta Olson	1989	20.40
100 meters	boys	Buddy Parham	1987	12.05
	girls	Hilary Turko	1997	13.59
200 meters	boys	Sean Sandy	2001	25.61
	girls	Monique Keldar	1993	28.44
400 meters	boys	Carl-Henrick Olsson	1988	59.30
	girls	Hilde Hande	1985	1.10.20
800 meters	boys	Carl-Henrick Olsson	1988	2.21.72
	girls	Hanna Parsinnen	1981	2.42.80
1500 meters	boys	Aqil Awan	1997	4.51.30
	girls	Asia Dwyer (NECIS RECORD)	2005	5.32.12
3000 meters	boys	Aqil Awan	1997	10.54.20
	girls	Katja Ermeidou	2000	14.17.22
4x100 Relay	boys	Scarlet,Suzuki,Kagawa,Holloway	1992	54.45
	girls	Jerome,Turko,,Ryan,Guldenschuh	1997	59.79
4x400 Relay	boys	Kasten,Kastell,Zubowski,Ragnarsson	2009	4.16.43
	girls	Rosada,Rosada,Joiner,Brekke	1991	5.02.20
Long Jump	boys	Buddy Parham	1987	5.42
	girls	Denise Mutschler	2001	4.39
High Jump	boys	Jack Finley	2009	1.65
	girls	Marnee Rand	2007	1.35
Softball Throw	boys	Bryant Young	1988	45.78
	girls	Joni Joiner	1990	36.93
Ball Throw	boys	Andrei Kasten	2008	49.00
	Girls	Lara Soliman	2009	29.58
Shot Put	boys	Jan Zubowski	2009	12.27
	girls	Tiffeny Young	1988	9.65
Discus	boys	Jan Zubowski	2009	33.20
	girls	Brianne Haugland	1992	19.90
Cross Country (5km)	boys	Rob Dijndam	2000	20:48.00
	Girls	Cynthia Sieben	2000	24.07

## HIGH SCHOOL

Event	Name	Year	Time/Dist.	
110 meter hurdles	boys	Sean Sandy	2003	17.42
	girls	Mallory Zeilstra	2003	20.64
100 meters	boys	Yiming Lu	2009	11.91
	girls	Meagan DeLury	2003	14.56
200 meters	boys	Sean Sandy	2002	24.11
	girls	Erin Riley	1998	32.20
400 meters	boys	Sean Sandy	2002	55.15
	girls	Mallory Zeilstra	2003	1.09.44
800 meters	boys	Aqil Awan	1999	2.20.22
	girls	Christina Montgomery	1998	2.57.94
1500 meters	boys	Aqil Awan	1999	4.40.23
	girls	Christina Montgomery	1998	6.14.66
3000 meters	boys	Chris O'Connor	2001	10.41.06
	girls	Kristin O'Connor	2001	14.12.79
4x100 Relay	boys	Kremensky,Mothersheid,Sandy,Krumrei	2003	51.66
	girls	Ingolfsson, Voogt,Zeilstra, DeLury	2003	1.10.52
4x400 Relay	boys	Ghebtsawi,Kremensky,Sandy,Duijndam	2003	4.24.29
	girls	Montgomery,Riley,Drengenis,Guldenschuh	1998	5.14.49
Long Jump	boys	Yiming Lu	2009	5.47
	girls	Esin Unlu	2001	4.26
Triple Jump	boys	Nathan Gray	1999	10.85
	girls			
High Jump	boys	Cor Krumrei	2003	1.70
	girls	Meagan DeLury	2003	1.40
Shot Put	boys	Jakov Kremensky	2002	9.84
	girls	Erin Riley (3kg)	1998	7.65
		Annelieke Overbeeke (4kg)	2009	7.20
Discus	boys	Cody Mothershed	2003	24.57
	girls	Jacolyn Voogt	2003	19.67
Cross Country	boys	Chris O'Connor	2000	18.58.00
	5 KM	Girls	Kristin O'Connor	2000

# SWIMMING SCHOOL RECORDS

## MIDDLE SCHOOL

Event		Name	Year	Time
Breast 25 m.	boys	Taishi Kagawa	1991	19.79
	girls	Sarah Jane Lunt	1990	19.47
50 m.	boys	Jan Zubowski	2009	42.50
	girls	Mandy Peterson	2000	42.40
100 m.	boys	Jan Zubowski	2009	1:34.81
	girls	Aileen Fagan	2007	1.40.86
Freestyle 25 m.	boys	Taishi Kagawa	1991	15.27
	girls	Isobel Maddock	2010	14.73
50 m.	boys	Jan Zubowski	2009	31.17
	girls	Katja Ermeidou	2001	31.43
100 m.	boys	Jan Zubowski	2009	1:10.82
	girls	Isobel Maddock	2010	1.11.03
Backstroke 25 m.	boys	Morten Hande	1985	17.70
	girls	Isobel Maddock	2010	17.49
50 m.	boys	Jan Zubowski	2009	37.51
	girls	Isobel Maddock	2010	37.81
100 m.	boys	Konstantin Plotko	2002	1:26.94
	girls	Katja Ermeidou	2001	1.24.58
Butterfly 25 m.	boys	Taishi Kagawa	1991	15.87
	girls	Mandy Ehlers	1998	18.02
50 m.	boys	Ryo Abe	2007	43.25
	girls	Hilde Hande	1985	38.04
100 m.	Boys	Ryo Abe	2008	1:35.36
	girls	Moira Fagan	2006	1.30.01
4x25 m. Freestyle Relay	boys	Kagawa,Suzuki,Roman,Kench	1991	1.15.26
	girls	Hemstock,Johnson,George-Kelso,Manahane	2003	1:08.24
4x50 m. Freestyle Relay	boys	P.Fritz,Cox,Mathers,Ross	1985	2.34.17
	girls	Becker, Crosby, George-Kelso, Keskinen	2002	2.39.03
4x25 m. Medley Relay	boys	P.Fritz,Cox,Mathers,Ross	1985	1.18.52
	girls	Ehlers,Ermeidou,M.Riley,S.Jerome	1998	1.21.35
4x50 m. Medley Relay	boys	Danielsen, VanDusen, Neilsen, Knapp	1983	3.26.05
	girls	Hemstock, Manahane, Fagan, O'Dwyer	2005	2:58.97
Individual Medley 100 meters	boys	Chase Hartley	2001	1.36.64
	girls	Isobel Maddock	2010	1.25.63
Individual Medley 200 meters	boys	Ryo Abe	2008	3:21.05
	girls	Katja Ermeidou	2001	3.07.02

## HIGH SCHOOL

Event	Name	Year	Time	
Breast 50 m.	boys	Kenta Ochi	2004	36.46
	girls	Loes van Dam	2009	44.93
100 m.	boys	Kenta Ochi	2003	1:21.49
	girls	Loes van Dam	2009	1:36.83
Freestyle 50 m.	boys	Kenta Ochi	2004	28.59
	girls	Sila Manahane	2006	31.45
100 m.	boys	Kenta Ochi	2004	1:06.09
	girls	Sila Manahane	2007	1:09.60
200 m	girls	Brenna Hettler	2008	3:26.25
	Backstroke 50 m.	boys	Brandon Ehlers	1998
100 m.	girls	Loes van Dam	2009	40.04
	boys	Sean Sandy	2004	1:34.30
Butterfly 50 m.	girls	Loes van Dam	2009	1:33.54
	boys	Ryo Abe	2009	34.15
100 m.	girls	Sila Manahane	2007	34.81
	girls	Sila Manahane	2007	1:20.89
Individual Medley 200 m.	boys	Ryo Abe	2009	1:21.59
	girls	Sila Manahane	2007	2:56.33
4x50 m. Freestyle Relay	boys	George-Kelso, Hedmar, S.Sandy, Ochi	2004	2:11.34
	girls	M.Fagan,Johnson,George-Kelso, Manahane	2006	2:24.59
4x50 m. Medley Relay	boys	da Costa, Ochi, S.Sandy, George-Kelso	2004	2:31.13
	girls	M&A Fagan, S.Johnson, S.Manahane	2007	2:38.39

## ELEMENTARY SWIMMING RECORDS

Event		Name	Year	Time
Breast 25m	Boys	Maurits van Dam	2007	25.58
	Girls	Barbara Zabowska	2010	23.51
50m	Boys	Maurits van Dam	2007	58.55
	Girls	Barbara Zabowska	2010	51.69
Freestyle 25m	Boys	Felix Lim	2010	15.99
	Girls	Lisa Kasten	2008	18.49
50m	Boys	Felix Lim	2010	37.24
	Girls	Isobel Maddock	2008	38.12
100m	Boys	Felix Lim	2010	1:27.98
	Girls	Isobel Maddock	2008	1:26.38
Butterfly 25m	Boys	Felix Lim	2010	19.25
	Girls	Lisa Kasten	2008	22.88
50m	Boys			
	Girls			
Back 25m	Boys	Luca Popescu	2010	22.77
	Girls	Isobel Maddock	2008	21.27
50m	Boys	Felix Lim	2010	43.82
	Girls	Isobel Maddock	2008	47.23
Individual Medley 100m	Boys	Felix Lim	2010	1:35.51
	Girls	Isobel Maddock	2008	1:44.89
4x25 Freestyle Relay	Boys	Maddock, Ayash, Abe, Popescu	2009	1:37.14
	Girls			
4x25 Medley Relay	Boys	Lim, Maddock, Popescu, Ayash	2009	1:38.19
	Girls			