

## APRIL MENU

Monday 1/4	NAISR & Funtazia Closed
Tuesday 2/4	Potato mix & mash special, with plant-based meatballs (NAISR Closed)
Wednesday 3/4	Pasta Bolognese, Meat or Veggie (V) sauce (NAISR Closed)
Thursday 5/4	Chicken or non-chicken (V), sweet potatoes and green beans (NAISR Closed)
Friday 6/4	Baby potatoes, vegetarian sausage and broccoli (NAISR Closed)
Monday 8/4	Sliced chicken or alternate (V), oven baked potatoes and vegetables
Tuesday 9/4	Omelet special with meat or vegetarian (V) with rice on the side
Wednesday 10/4	Meal soup special of the day, chicken or alternate (V)
Thursday 11/4	Pasta special of the day Macaroni and cheese
Friday 12/4	Beef or veggie (V) burger with a crispy salad on the side
Monday 15/4	Chili chicken or vegetable chicken (V), rice and vegetables
Tuesday 16/4	Fish or alternate (V), mashed potatoes, peas and carrots
Wednesday 17/4	Pita pizza with chicken or vegetarian (V) topping
Thursday 18/4	Beef meatballs or plant-based meat balls (V), baked potatoes and green beans
Friday 19/4	Tortilla chicken döner or alternate (V) and salad on the side
Monday 22/4	Pasta special Beef Bolognese or Veggie Napolitana (V)
Tuesday 23/4	Chicken teriyaki or vegetable teriyaki (V), wild rice and vegetables
Wednesday 24/4	Tender beef strips or alternate (V), potatoes and corn on the cob
Thursday 25/4	Grilled chicken or grilled mushroom (V), noodles and mixed vegetables
Friday 26/4	Crispy chicken or veggie burger (V) with a salad on the side
Monday 29/4	Roti special curry chicken or alternate (V), baby potatoes and green beans (NAISR Closed)
Tuesday 30/4	Omelet special with meat or vegetarian (V), with rice on the side

*\*All meals are made by Catermaat staff daily, using fresh ingredients.*

*\*All subscribed meals include a "dessert delight" of fresh fruit, yoghurt or pudding.*

*\*All warm meals may be substituted for a "bread meal" which includes a sandwich/wrap, fresh vegetables, fruit or yoghurt.*