

APRIL 2018



Elementary School

www.tjeerdsplace.nl

Please note that your child can choose between the vegetarian or the non-vegetarian option.
Brown bread sandwiches with ham, salami, cheese, egg and tuna can be served instead of hot lunch.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>9</p> <p>Chipolata Sausage (H) or Vega Sausage (V) Roasted Potato Green Beans Fresh Fruit or Yoghurt</p>	<p>10</p> <p>Texmex Chicken Tortilla (H) or Vega Tortilla (V) Rice, Salsa Sauce Corn Fresh Fruit or Yoghurt</p>	<p>11</p> <p>Steamed Fish or Cheese Omelet (V) Brown Rice Green Beans Fresh Fruit or Yoghurt</p>	<p>12</p> <p>Grilled Turkey Slices (H) or Vega Sausage (V) Mashed Potatoes Broccoli Fresh Fruit or Yoghurt</p>	<p>13</p> <p>Whole Wheat Pasta Chicken & Pesto (H) or Cheese Sauce (V) Mixed Salad Fresh Fruit or Yoghurt</p>
<p>16</p> <p>Swedish Meatballs (H) or Vega Meatballs (V) Roasted Potato Green Beans Fresh Fruit or Yoghurt</p>	<p>17</p> <p>Oven Fishstick or Cheese Omelet (V) Steamed Rice Broccoli Mix Fresh Fruit or Yoghurt</p>	<p>18</p> <p>Schnitzel (H) or Vega Schnitzel (V) Mashed Potatoes Broccoli Fresh Fruit or Yoghurt</p>	<p>19</p> <p>Whole Wheat Pasta Napoli Sauce (H) or Cheese Sauce (V) Mixed Salad Fresh Fruit or Yoghurt</p>	<p>20</p> <p>Pizza or Cheese Pizza (V) Mixed Salad Fresh Fruit or Yoghurt</p>
<p>23</p> <p>Thai Sauce Chicken (H) or Thai Soja Meat (V) Thai Noodles Broccoli Fresh Fruit or Yoghurt</p>	<p>24</p> <p>Meatballs (H) or Cheese Omelet (V) Steamed Potatoes Broccoli Fresh Fruit or Yoghurt</p>	<p>25</p> <p>Whole Wheat Pasta Italia Bolognese Sauce (H) or Cheese Sauce (V) Mixed Salad Fresh Fruit or Yoghurt</p>	<p>26</p> <p>HALF DAY</p>	<p>23</p> <p>KING'S DAY</p>

All meals are served with a drink: water or milk
(H): halal option; (V): vegetarian option